# THE 4-H MY NEWSLETTER

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# June 2024

Summer is here and we are so excited!! Be sure to see all the scheduled events throughout the summer and Summer Intern activities! The fair will be here before you know it and we want you to get the most out of 4-H!

Mark your calendars for JUNE 28, 2024! There will be a **Family Fair Training** night you will not want to miss. Information booths will open at 5:00 PM. During this time will be project booths. These will be set to answer questions you may have or review your projects if you bring them, giving you tips/tricks or ideas. There will also be a booth available for youth in ANY project to get the opportunity to practice speaking with a "judge". Please only bring static projects to be evaluated, no animals. At 6PM we will start a fair entry walk through, discuss livestock destination cards, sale review, and fair expectations as well as hearing from a Fairboard representative of fair and camping rules.



Contact us:

<u>cl@listserv.ksu.edu</u> (620) 221-5450 or (620) 441-4565 Sarah LaGrone, 4-H Youth Development, <u>slag11@ksu.edu</u> Becky Reid, Family & Consumer Sciences, <u>bkreid@ksu.edu</u> Cindy Stephens, Office Professional, <u>cstephens@ksu.edu</u>

# June 2024

### **Community Leaders**

### June Check-Up

- PLEASE download a club roster in 4honline and verify everyone in your club is enrolled.
- On the downloaded roster, there is a 2nd page showing projects enrolled in. PLEASE make sure the 4-Hers are enrolled in the project they intend to participate in at the Fair.

### **Review**

- Read the 4-H Newsletter and mark important dates on the calendar. (Have you noticed all the links provided?)
- \* Review highlights from the 4-H Newsletter at your club meeting.
- \* Have you checked out the <u>4-H Club Corner</u>?

### <u>To-Do</u>

- Check in with project leaders to ensure they are on task and holding meetings.
- Make sure 4-H Council report is given to the club
- \* Check club mailbox at Extension Office

### **Promote/Recruit**

- \* Family Fair Training- June 28
- \* 4-H Media Team

### **Remember**

Club t-shirts REQUIRE approval, the form to do so is on our <u>website</u> under 4-H Youth Development, forms, Cowley County 4-H Apparel Approval Form

### Important Dates and Deadlines \*underlined text is a link

### <u>June</u>

- 6/5-7 Discovery Days
- 6/6 Cowley Co. Extension Board Mtg; 5:30pm
- 6/14-16 Geology Field Trip
- 6/15 KSF/KJLS Sheep, Swine & Goat <u>Nominations</u> Due
- 6/21-22 Insect Spectacular
- Starting in June, <u>Rock Spring Camp</u> (scholarships available)
- 6/25 Emporia, SE Area Challenge Day
- 6/27 Iola, SE Area Livestock Contest
- 6/28 Family Fair Training

### <u>July</u>

- 7/3 ENROLLMENT ENTRY DEADLINE to show at the Cowley Co. Fair (must have an
- approved enrollment status by 7/3)
- 7/3 ADD/DROP Projects deadline

### 7/15 KSF Livestock Entries Due

 7/25 Watermelon Feed! At the 4-H Council mtg

### <u>August</u>

- 8/1 KJLS entries due
- 8/1-5 Cowley County Fair
- 8/8 Wheat Expo
- 8/16 Kansas State Fair non-livestock preentries due
- 8/12 4-H Horticulture Judging Contest

### <u>September</u>

9/6-15 Kansas State Fair

Cowley County Annual 4-H Calendar

Kansas 4-H Events & Activities Calendar

7/25 Fair Superintendent Meeting

# **4-H Council & Junior Leaders**

### 4-H Council - July 25, 2023 - 6:00 p.m.

Fairgrounds, Winfield

If you were selected to represent your club at 4-H Council and find you cannot attend, please let your leader(s) know in advance and find another member to serve in your place.

### **Junior Leaders**

4-H Junior Leaders invites any youth ages 12 and old (and their families) to help us on these various leadership events. Contact <u>Becky Reid</u> at the Extension Office to get more information and to sign-up to assist:

June 11 or 18 - Power of Produce (aka POP Club) at Ark City Farm and Art Market (5-7 p.m.) June 11 or 29 - Power of Produce (aka POP Club) at Walnut Valley Farmers Market (8-11 a.m.) July 8 - Clean up and prep walls for painting in Dairy Barn (Winfield Fairgrounds, Bldg 8), 7:30 a.m. July 10 - Paint lower walls in Dairy Barn, 7:30 a.m. July TBA - 4-H Food Stand Clean-up July 25 - 4-H Council Watermelon feed, Superintendent's meeting August 4 - 4-H Sunday, Animal Costume Contest The next monthly meeting for 4-H Junior Leaders will be September 16, 2024

# Kansas 4-H

### Kansas 4-H Thriving Study – We Want to Hear From 4-H Members!

In early June, Kansas 4-H will be conducting a 4-H Thriving Model evaluation. Members in grades 3 and up will be invited to participate in a survey to tell us about their experience in 4-H. The survey is designed to help Kansas 4-H understand how youth are thriving in 4-H. While the survey is optional, we would love to hear from every member.

Emails will be sent to the parent emails we have on file in 4-H Online with an electronic survey link. Parents will be asked to share the electronic survey link with their child(ren).

Here are some key things to know:

- The goal is for the first survey to go out the week of June 9. Two reminders will be sent to all participants who have not completed the survey. The survey will close mid-July.
- This data will help us share the impact of 4-H programs in Kansas. By responding, your child(ren) will help us tell the story of Kansas 4-H.
- If you do not want your child(ren) to participate in this study, you can simply delete the message. There is no impact on 4-H programming, and Extension Agents will never know who completed and who did not complete the survey.
- Direct any questions to Samantha Grant (<u>samgrant@ksu.edu</u>), Evaluation Consultant, or Sarah Maass (<u>semaass@ksu.edu</u>), State 4-H Program Leader, or 785-532-5800.
- Thank you for supporting Kansas 4-H as we continue "To Make the Best Better!"

### **The 4-H Newsletter**

### June 2024

### **Upcoming Events**





Are you interested in food preservation? Do you need to brush up on current food preservation methods? Come join us for hands-on workshops to learn about pressure canning, waterbath canning, dehydration and freezing your food harvest!

INSTRUCTOR: KAREN BLAKESLEE, M.S. RAPID RESPONSE CENTER COORDINATOR <u>When:</u> Wednesday, June 19 (9 am - 4 pm)

<u>Where:</u> Eureka United Methodist Church 521 N Main St.

RSVP by June 10th to the Extension office at 620-583-7455 or by emailing benjam63@ksu.edu

Cost to attend is \$30. A meal will be provided.

### Take home what you make!



Greenwood County

Kansas State University is committed to making its services, activities and programs accessible to all participants. If you have special requirements due to a physical, vision, or hearing disability, contact Agent, Ben Sims, at 620-583-7455. Kansas State University Agricultural Experiment Station and Cooperative Extension Service K-State Research and Extension is an equal opportunity provider and employer.

### **June 2024**

### **Upcoming Events**



### 2024 Southeast Region 4-H Youth Challenge Day Tuesday, June 25, Emporia Kansas – Registration: 9:30 a.m.

#### Judging Contests Crops, Photography

**Crops, Photography, Family & Consumer Science and Horticulture** (open to all ages 9-18 before Jan 1)

Location: Anderson Building on Lyon County Fairgrounds, behind the Lyon County Extension Office, located at 2632 W US Hwy 50, Emporia, KS 66801

9:30 a.m. Registration for Horticulture, Crops, FCS and Photo Contests

Favorite Foods Registration and set up. Participants are asked to check in at Favorite Foods table after they have registered at the main registration table before setting up. Favorite Food participants must be registered and set up by 10:30 a.m. Judging will begin at 10:30 a.m. Local offices will have information about pre-registering Favorite Food Participants.

- 10:00 a.m. Horticulture, Crops, FCS and Photo Contest Instructions
- 10:15 a.m. Horticulture, Crops, FCS and Photo Contest begins. Horticulture is a timed contest and must be completed first.
- 10:30 a.m. Favorite Foods Judging Begins

All morning contests completed by noon. Favorite Foods completed by 12:30 p.m. Lunch on your own.

1:15 p.m. Recognition for Horticulture, FCS, Crops, Photo and Favorite Foods

#### Divisions

Intermediate Division - Ages 9-13, (before Jan. 1)

Senior Division - Ages 14-18 (before Jan. 1)

FCS and Photo will offer a non-competitive/mini experience for 7-8 years old (free) There may be others too

### Favorite Foods Show

(for local SE Ext. Unit Winners)

COST: \$10.00 per person, judge as many contests as you would like, exact change is appreciated, checks accepted. \$10 includes, any judging contests, and favorite foods if youth qualified locally, awards for winners

#### For Questions, please contact:

Horticulture Travis Carmichael: 620-341-3220, <u>trcarmic@ksu.edu</u>

Photography Jennifer Terrell: 620-244-3826, <u>jkterrell@ksu.edu</u> Valori Stone: <u>valori@ksu.edu</u>

#### Crops

Brian Rees: 620-341-3220, brees@ksu.edu

FCS – Family and Consumer Science Becky Reid: 620-221-5450 <u>bkreid@ksu.edu</u> Cassidy Lutz: <u>celutz@ksu.edu</u>

Favorite Foods Jill Barnhardt: 620-364-5313, <u>ibarnhardt@ksu.edu</u> Anne Pitts: 316-284-6930, <u>aelpers@ksu.edu</u>

Special Thanks to Lyon County Extension Staff and Lyon County 4-H Volunteers.



K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means for communication

(e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact Kelsey Nordyke four weeks prior to the start of the event at 620-222-1311 or klnordyke@ksu.edu. Requests received after this date will be honored when it is feasible to do

so. Language access services, such as interpretation or translation of vital information will be provided free of charge to limited English proficient individuals upon request.

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# **Upcoming Events**

# SE Area Favorite Foods Contest Tuesday, June 25, 2024 Anderson Building, Emporia, KS

https://kstate.qualtrics.com/jfe/form/SV\_9XgK31MPL5xG7ki

Registration is due by June 17th.

\*This contest is only open to the counties that are

part of the Little Balkans area.\*



- There is a **\$10.00 fee** to participate in the Favorite Foods. Entry fee includes participation in all contests offered that day. (Photography, FCS, Crops and Horticulture)
- To participate in Favorite Foods—youth must have qualified in a local Favorite Food Show Contest and meet one of the two age categories: Intermediate (9-13 years of age) and Senior (14-18 years of age).
- 4-Her's no longer prepare food to present the day of the event due to concerns about food waste, food prep and presentation time the day of the event.
  - -Provide one picture of the favorite food being prepared.
  - -Provide one picture of the finished plated product.
- 4-Her's are to bring your own card table.
- Don't forget your table setting, centerpiece, menu, recipe, or whatever else you might need.
- Tables must be set-up and ready to judge by 10:30 AM.
- Conference judging will begin at **10:30**. Order will be determined at check in.

For questions, please contact:

Jill Barnhardt—jbarnhardt@ksu.edu, 620-364-5313

Anne Pitts-aelpers@ksu.edu, 316-284-6930



K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Accommodations for persons with disabilities may be requested by contacting the event contact Jill Barnhardt two weeks prior to the start of the event June 1, 2024 at 620-364-5313, jbarnhardt@ksu.edu. Requests received after this date will be honored when it is feasible to do so.

## **Upcoming Events**

# Southeast Area LIVESTOCK CONTEST June 27, 2024

Held at Allen County Fairgrounds at Riverside Park, Iola, KS. Open to all 4-H members. Registration will be at the Community Building- cost \$10.00 per contestant paid at check in. There will be a lunch served. To pre-register click <u>HERE</u>- coaches, agents, or individuals can sign up. Sign up as a team or individual.



**Livestock Judging** 

Registration from 8:30-9:30 AM Contest starts at 10:00 AM

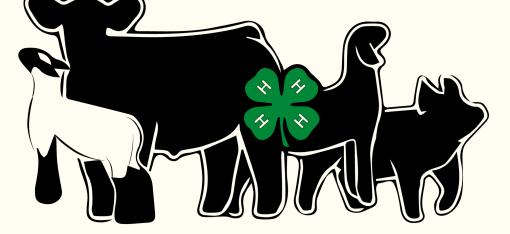
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### **Meats Judging**

Registration at 7:30 AM Contest starts at 8:00 AM



8:00 AM- 10:00 AM - Come and participate at your leisure.





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### June 2024

### **Upcoming Events**

K-STATE Sedgwick County

# LOCAL AG-INDUSTRY TOUR

One day bus tour of several sectors of the Agriculture Industry within Sedgwick County

#### Wednesday, June 12th

WINTER FARMS | KANZA COOP BAYER CROP SCIENCE | CARGILL

REGISTER https://bit.ly/AgTour612



Registration open to students entering their junior or senior year of high school in the fall of 2024, or students graduating high school in May 2024. \$50 to register. Registration fee will be reimbursed, upon completion of event, thanks to Cargill Cares!

CONTACT FOR MORE INFO: Jeff Seiler Sedgwick County Ag Agent 316-660-0153 jseiler4@ksu.edu

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means for communication may be requested by contacting the event contact. Jef Selert, two weeks prior to the start of the event. May 29, at 1316-660-0153 or spielred/&sute.dt. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information will be provided free of charge to limited English proficient individuals upon request. Kansas State University Agricultural Experiment Station and Cooperative Extension Service. K-State Research and Extension is an equal opportunity provider and employer.



# LOCAL AG-INDUSTRY TOUR

One day bus tour of several sectors of the Agriculture Industry within Sedgwick County

### Tentative Date: Wednesday, July 24th

INNOVATIVE SEED SOLUTIONS | GRAIN CRAFT PRAIRIELAND PARTNERS | TBA

#### REGISTER https://bit.ly/AgTourJuly



Registration open to students entering their junior or senior year of high school in the fall of 2024, or students graduating high school in May 2024. \$50 to register. Registration fee will be reimbursed, upon completion of event, thanks to Cargill Cares!

CONTACT FOR MORE INFO: Jeff Seiler Sedgwick County Ag Agent 316-660-0153 jseiler4@ksu.edu

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means for communication may be requested by contacting the event contact, 196 Seiler, two weeks prior to the start of the event, July 10, at 316-660-0153 or jseiler4@ksu calu. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information will be provided free of charge to limited English proficient individuals upon request. Kansas State University Agricultural Experiment Station and Cooperative Extension Service, K-State Research and Extension is an equal opportunity provider and employer.

# **Cowley County Fair**

4-H Official Fair Rule Books will be mailed to families by mid-June.

Pre-Entries will be online and accepted from mid-June through July 3rd.

### LAST DAY TO SUBMIT PRE-ENTRIES IS JULY 3rd.

Fair Entries can **NOT** be added at fair, but can be deleted. Late entries are accepted within 72 hours after July 3 with a \$30 fee per participant.

All 4-H pre-entries are due <u>Wednesday, July 3</u> using the online system we've used in the past. All families will be mailed a letter with pre-entry reminders, and the link for the online entries along with the official fair rule book that will be mailed out mid-June.

### Fair Superintendents

Will meet at the fairgrounds on July 25 at 7:00 p.m.

### Help Us Improve the Fair

What can we do to improve the Cowley County Fair? This is the procedure you should follow:

- 1. Fair suggestions must be submitted to the attention of the 4-H PDC in writing. Electronic versions (email/ fax) will also be accepted. Verbal recommendations will not be considered.
- 2. Your suggestions must be signed and dated. Suggestions will not be considered without a dated signature.
- 3. All suggestions are due by September 6, 2024 at 5:00 p.m. Suggestions will <u>not</u> be considered after the deadline.
- Suggestions should be turned in or mailed to: Cowley County Extension Office, 311 E 9th, PO Box 538, Winfield KS 67156. The 4-H Program Development Committee reviews all department evaluations and acts on written recommendations which are then made to the Fair Board. Verbal recommendations CANNOT be considered.

**Fair Camping:** The Cowley County Fair Board requests that 4-H families who camp during the fair camp in the campground area (west of the barns) at the fairgrounds, not the Pecan Grove. This better insures the safety of our participants, eliminating the need to cross 14th Avenue. The fairboard will not provide

security or trash pick up to the Pecan Grove. A complete listing of camping rules can be found at <u>www.cowleycountyfair.com</u>. UTV's may only be driven by licensed drivers, have working lights and must be fully insured.

### Favorite Foods Contest & Decorated Foods

Judging July 23, 2024 11 a.m. - 1 p.m. Brown Center @ Cowley College, Arkansas City. In an effort to protect and preserve decorated food entries, judging for 4-H decorated foods will again be at Cowley College's Brown Center. This will also be an opportunity for youth to enter exhibits for the Favorite Foods Contest. Learn more about this contest on the Cowley website. This is the same day as 4-H Clothing and Fashion Revue judging. (this date is optional, you may choose to show at the fair.)



### **June 2024**

### **Cowley County Fair**



- Ag Mechanics Welding
- Agronomy
- Cloverbuds
- Electric and Renewable Energy/Small Engines
- Fashion Revue/Shopping in Style
- Food & Nutrition
- Horticulture/Floriculture/Forestry
- Interior Design & Architecture
- Photography
- Sewing and Textiles
- Shooting Sports/Wildlife
- Small Engines
- Veterinary Science
- Visual Arts

If you have any interest in volunteering in these areas please reach out to Sarah at 620.218.1816



# **The 4-H Newsletter**

# **FAIR - 4-H Foodstand**

The money raised in the Food Stand is used to support our 4-H programs through scholarships to state 4-H events, transportation to Discovery Days, volunteer development awards and recognition at Achievement Night, officer training and much more. Here is the schedule of workers for the Food Stand at the Cowley County Fair. An additional Thursday evening shift has been added. 4-H alumni generously give of their time to help raise money for 4-H during this shift. However, current 4-H families are welcome and encouraged to work during this time.

Please assign at least 5 adults to each shift. They are needed to run the cash register, operate the grill and appliances, and help with food preparation.

Each club is REQUIRED to have a shift manager. The shift manager must be a responsible adult or teen. Shift managers should recruit workers, view the shift manager orientation video and turn a list of volunteers in to the Extension Office by Thursday, July 25th.

### 2024 4-H Foodstand Schedule

#### Friday, Aug 2

7:30 - 12:45 Muddy Creek 12:30 - 5:45 Tisdale 5:30- 11:00 Dexter-Otto

#### Saturday, Aug 3

7:30 - 12:45 Sunrise & Country View 12:30 - 5:45 Burden 5:30 - 11:00 Martha Washington

#### Sunday, Aug 4

11:00 -5:45 Walnut Valley 5:30-11 p.m. Floral

#### Monday, August 5

8:00 - 1:00 Cameron 12:45 - 5:45 Udall 5:30 - 11:00 Shooting Sports

### FAIR - 4-H - Barn 4

#### 2024 Barn 4 Supervisor Schedule

Supervisors are vital to the success of our county fair. It is how we keep our exhibit areas looking nice and provide assistance to our many patrons. Clubs are assigned times to have a committee of at least one adult (1) and two youth present (2) in Barn 4 display area.

Clubs must turn in names by Thursday, July 25th.

#### Friday, Aug 2

6:00-7:30 Cameron 7:30-9:00 Country View 9:00-10:45 Walnut Valley

#### Saturday, Aug 3

6:00-7:30 Muddy Creek 7:30-9:00 Udall 9:00-10:45 Shooting Sports

#### Sunday, Aug 4

6:00-7:30 Tisdale 7:30-9:00 Dexter-Otto 9:00-10:45 Martha Washington

#### Monday, August 5

6:00-7:30 Sunrise 7:30-9:00 Burden 9:00-10:45 Floral

# **Cowley County Fair**



At the Cowley County Fair on Sunday, August 4, 2024 in the Show Arena

Check in starts at 11:30 am - Contest at 12:00 pm



# **Cowley County Fair King & Queen**

The Cowley County Fair King & Queen Contest is designed to bring to the attention of the general public the outstanding youth of our county, to promote youth development organizations involved with the fair and to promote the Cowley County Fair. Entry Deadline - July 1, 2024. All applications will be reviewed by the judging committee prior to the Cowley County Fair. Late applications will not be accepted.

### RULES:

- 1. Each Cowley County Fair Group, FFA Chapter or 4-H Club may nominate King and Queen candidates from their eligible membership.
- 2. All contestants must be nominees of one Cowley County organization named above.
- 3. All contestants must be exhibitors in the Cowley County Fair in the year nominated.
- 4. All contestants must be between 14 and 18 years of age before January 1 of the current year.
- 5. Contestants who have previously served as King or Queen will not be considered.
- 6. Contestants who have not served as King or Queen may re-enter the contest.
- 7. Final selection of King and Queen will be made by a combination of judges' scores and balloting by Cowley County Fair board members.
- 8. Candidates may not bring additional items, such as scrap books, photo albums, etc. into the interviews. Judges' selections will be based solely on the written application and personal interview.
- 9. All nominees must complete the King and Queen Entry Form and return to Cowley County Extension, 311 E 9th St. (P.O. Box 538), Winfield, 67156 by 5:00 p.m. on or before July 1.
- 10. Interviews will be the week of July 8th-12th.
- 11. Winners will be announced on July 19 and notified via (phone/email/mail).

INTERVIEWS: Face to face interviews will be conducted by three or more judges selected by the Cowley Fair Board King and Queen Committee. Date and location of the interview TBD. Face to face is defined as physically in the room with the judges. No additional materials may be brought to the interviews.

SCORING: Scoring will be done as follows:

- 1. Cowley County Fair Activities 30%
- 2. Club or Chapter Activities 15%
- 3. School, Church, Community Activities 10%
- 4. Poise and Personality 20%
- 5. Personal Appearance 10%

RESPONSIBILITY OF COWLEY FAIR QUEEN AND KING COURT:

- 1. Attend all Cowley County Fair shows and sales during the current fair. May be excused to attend functions to represent Cowley with approval of Cowley Fair King and Queen Committee or committee advisors.
- 2. Must be available to present awards to all Cowley Fair Shows, responsibilities being divided if one or the other is showing.
- 3. A schedule of time and places where attendance is required will be provided by the Cowley Fair King and Queen Committee. The King and Queen will be responsible for assigning all court members to Cowley County Fair shows and events. Court members will meet immediately following the coronation to review responsibilities.
- 4. The King and Queen shall represent Cowley County Fair.

Click **<u>HERE</u>** for an application.

# Kansas State Fair - Sept. 6-15, 2024

### What Can I Exhibit at the Kansas State Fair??

If your 4-H Age is 9 and older, you are eligible to enter a purple-ribbon exhibit from the Cowley County Fair for judging at the Kansas State Fair in the 4-H Division: photos, food items, gift baskets, educational displays, some notebooks, entomology educational display, entomology collection, clothing construction, horticulture, field crops, floriculture, fiber arts, rabbits, energy management, robotics, rocketry, astronomy, geology collection, geology educational display, woodworking, Shooting Sports educational display, wildlife educational display, poultry, demonstration/illustrated talk and forestry notebook. Two Senior Division Champions may be selected in Fashion Revue Buymanship and Constructed categories to compete at the Kansas State Fair.

Judges will choose six Visual Arts exhibits to be displayed at the Kansas State Fair.

It is the member's responsibility to complete pre-entry by August 9 in order to exhibit at the Kansas State Fair. Pre-entries may be made in the 4-H office at the Cowley County Fair, at checkout Tuesday morning in Barn 4, or in the Extension Office following the fair.

No phone entries will be accepted.

### **Ribbon Premium/ Gate Passes**

As in the past, in lieu of receiving ribbon premium, each 4-Her with KSF exhibits will receive 2 gate passes.

### Kansas State Fair Volunteers

The highlight of the Kansas 4-H program is the Kansas State Fair. This year's State Fair is September 5th-15th. It takes many volunteers to make the State Fair a success. We are currently looking for volunteers to help. If you are interested in assisting at the State Fair, please email Sarah by Wednesday, Aug. 7th. Gate tickets are provided for the days that you volunteer. Job descriptions and details of the opportunities available can be obtained at the Extension Office.

### Contests, Events and Activities at the Kansas State Fair

Did you know that the state fair has so much more for 4- H members to participate in beyond sending an exhibit? Here are a few contests 4-H'ers who are 9 and older can participate in: Demonstration/Illustrated Talk Contest (must have received a Top Blue at County 4-H Day) Rabbit Judging Crops Identification Contest Photography Judging Contest Poultry Judging Contest Family & Consumer Sciences Judging (must qualify for a team) The Kansas State Fair 4-H Department is always looking for youth and adult volunteers to assist with check-in, judging and check-out of 4-H exhibits. This is a great opportunity to meet others from across the state who share a similar interest, learn more about a project area, or just add to your leadership skills! To get involved in a contest, or to volunteer at the State Fair, registration is as simple as entering a State Fair exhibit by August 9th in the Extension Office or in the 4-H Fair trailer at the Cowley County Fair.

# June 2024

## **Free Stuff!!**

# 2024 GRAND HOUSE DRAWINGS

Each time a 4-Her participates in these events/programs, their name will be added to the drawing!

- -YQCA Training -Spring Shows -Celebrate Ag -Judging Contest and practices -Livestock Programs -Livestock Training Clinics -Trips
- -Livestock Record Book Submission

Drawing will be held at the 2024 Open House dinner October 26th DRAWING INCLUDES CHOICES OF: -LIVESTOCK SHOW BOX -CLIPPERS -CLIPPER BAG -LIVESTOCK BLOWER AND MORE!





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Cowley County 4-H

K-State Research and Extension - Cowley County

Cowley County Classic Beef Show

Cowley County Sheep and Meat Goat Show

Cowley County Goat Project

Cowley County Sheep Project

Cowley County Swine Project

Cowley County Horse Project

Cowley County Dog Project

Cowley County 4-H Sweepstakes Team

Cowley County Dairy Project



# **2024 Livestock Production Essay**

Who can participate: 4-H Members exhibiting livestock at the 2024 Cowley County Fair <u>AND</u> submitting a 4-H Project Report.

Participants exhibiting these species will be eligible:

- 🗱 Beef
- \* Bucket Calf
- \* Dairy Cattle
- 🗱 Swine
- 🗱 Sheep
- 🗱 Meat Goat
- 粩 Dairy Goat
- 🗱 Meat Rabbits
- Production Poultry

Potential topics to build on:



- Production- Breeding animals, what are your future goals? What specific details do you need to consider if you plan to keep this animal and breed them?
- Finances- pasture stocking rate, available pasture/rental rates, price to feed, maintain, breed, house this animal?

\* Marketing- Marketing to sell this animal or their progeny for a return on investment.

-Break down your plan

- Industry Expectations- interview Bankers, FSA Loan Officers, Extension Agents, Local Farm/ Ranchers, study and cite University publications.
- Goal Setting- does your animal have products to sell? (milk/eggs/offspring) What does your business plan look like for that and how are you going to make that work and grow to be a profitable business owner?

-Do you have a market animal? How are you feeding that animal to be the most profitable on the rail? Are you marketing that animal before the fair to get the best price? Do you know how much meat that animal provided after the fair? What is your goal as you feed this animal and how did you do? Hanging weight, back fat, pounds of product.

If you need help with this project, please schedule an appointment with Sarah to help you explore ideas.

The intent of this essay is to dig deeper into the production side of the industry, learning from publications and professionals in our area. You will want to plan to have it proofed by multiple people.

# **The 4-H Newsletter**

# June 2024

**CLICK HERE!** 

to apply for

**1-H** 

**Ambassadors** 

### **Fair Resources**

2024 Official Fair Rule Book - Paper books and entry instructions will be mailed mid June.

Consultative Judging of a 4-H Project Exhibit

KSRE Cowley County Fair webpage

Kansas State Fair 4-H Exhibitor Handbook

### **Kansas Clover Classroom**

### **Dynamic Displays**

### **Pollinators**

### Take A Hike!

Many more resources available on the **Clover Classroom page**.

# **4-H AMBASSADORS**

#### PURPOSE:

WORK TOGETHER WITH A TEAM OF APPROXIMATELY 3-8 AMBASSADORS AND AN ADULT ADVISOR TO DEVELOP A PUBLIC INFORMATION PROGRAM FOR THE COWLEY COUNTY 4-H PROGRAM.

#### **RESPONSIBILITES:**

PROMOTE 4-H TO ALL AUDIENCES ORGANIZE 4-H PROMOTIONAL EVENTS AND ACTIVITIES DEVELOP COMMUNICATION SKILLS

QUALIFICATIONS: HIGH SCHOOL FRESHMAN TO AGE 18 ENTHUSIASM FOR 4-H INTEREST IN PROMOTING THE 4-H PROGRAM **TIME REQUIRED:** 1 OR 2 YEAR TERM 4-8 HOURS PER MONTH

THROUGH THIS EXPERIENCE, 4-H AMBASSADORS WILL HAVE OPPORTUNITIES TO LEARN, PRACTICE AND IMPROVE COMMUNICATION, MARKETING, EMPLOYABILITY AND JOB SKILLS.





Kansas State University Agricultural Experiment Station and Cooperative Extension Service

K-State Research and Extension is an equal opportunity provider and employer.

# Misc.

<u>CLUB SHIRTS</u> 4-H Council has voted to pay all royalty fees for <u>Get Branded</u> until Sept 30, 20234.

If your club is thinking about getting shirts made, PLEASE use our local merchant. They are licensed and approved for all KSRE/4-H printing. Apparel approval forms can be found on our <u>website</u>. Get Branded is located at 915 Main St. Winfield, KS 67156 ph. 620-402-6111



4-H'ers are 2X more likely to make healthier choices.\* I pledge my  $\mathbf{H}$  **AD** to clearer thinking,



my **H**<sup><sup>4</sup></sup>**NDS** to larger service,

and my **HE LTH** to better living,

for my club, my community, my country

and my world. 🎇

<u>Friends of Extension Corner</u> The Friends of Cowley County Extension are excited about the 2024 Fall for Extension Fundraiser. The dinner and auction is scheduled for Saturday, November 16th at K-Shaw Event Centre, Arkansas City. Raffle items will be will be announced soon! Your club can win a pizza party! Contact Sarah to find out how!

# **Cowley County 4-H Enrollment**

### # <u>4-H Online Enrollment Link</u>

Cowley County KSRE Website with 4-H Enrollment Information

The 4-H year runs Oct. 1st. to Sept 30. **ALL YOUTH and ADULT VOLUNTEERS** participating in the 2023-2024 4-H year should enroll.

In order to be a regular member of Cowley County 4-H, the member must be 7 years old before January 1, 2024.

<u>Cloverbuds</u> is for children ages 5-6 before January 1, 2024.

Project Selection Guide (includes descriptions of all projects)

Setting 4-H Project Goals

4-H Project Record Books

ZBooks (online record keeping option)

Click here to sign up for a County Committee

### DID YOU KNOW??

The Kansas Clover Classroom is packed with helpful project

information

# **4-H Scholarships**

### Get Financial Help Attending Events

The Cowley County 4-H Development Fund is our local 4-H foundation created in 1995 to assist Cowley County 4-H'ers take part in educational events and activities. Funding is provided by gifts from supporters. Each year, the 4-H Development Fund awards college/trade school scholarships to high school seniors and college/trade school freshmen. Beginning in 2015, the Development Fund introduced "Leadership Development Grants".

**Leadership Development Grants** are available by application to local 4-H members who are registered for a state or national leadership event such as Discovery Days, National 4-H Congress, Kansas Youth Leadership Forum, Citizenship Washington Focus and more. Applications are available from the Cowley County Extension Office, or online at <u>cowley.k-state.edu</u>. Applicants must submit an essay, write a thank you note to a Development Fund donor and present a program about their experience to a 4-H club or county-wide group following attendance at the event. For more information, contact Sarah at <u>slag11@ksu.edu</u> or 620-221-5450.

<u>Challenge of Champions Scholarship Opportunity</u> information about the Challenge of Champions can be found on the Kansas State Fair <u>webpage</u>.

Scholarship Applications found at <u>cowley.k-state.edu/4-Hyouthdevelopment/forms</u>: <u>4-H Council Scholarship</u>

Junior Leaders Scholarship

4-H Development Fund Scholarship

Robert Austin Memorial Horse Scholarship

Cowley County 4-H Development Fund Leadership Development Grant

Rock Springs 4-H Camp Scholarship

# The 4-H Newsletter

# June 2024

# **Cowley County Extension Office**

Contact us:

cl@listserv.ksu.edu (620) 221-5450 or (620) 441-4565 Sarah LaGrone, 4-H Youth Development, <u>slag11@ksu.edu</u> Becky Reid, Family & Consumer Sciences, <u>bkreid@ksu.edu</u> Cindy Stephens, Office Professional, <u>cstephens@ksu.edu</u> Physical Address: 311 E 9th Ave. Winfield, KS 67156 Mailing Address: PO Box 538, Winfield, KS 67156





Office Hours Monday through Friday 8-11:30 a.m. and 12:30 - 5 p.m.

# **Cowley County Extension Council Executive Board**

The Cowley County Extension Council Executive Board meets monthly and conducts the business of the Extension Office. The Extension Council monthly meeting will be held on Thursday, June 6, 2024 at 5:30 p.m. in the Assembly Room at the Cowley County Courthouse.

# **Friends of Extension**

As someone who contributes time, talent and/or treasure to the benefit of Cowley County Extension, you are invited to be part of the Friends of Cowley County Extension organization. The group will alternate between morning and evening meetings to plan fundraising and advocacy events to support K-State Research and Extension Cowley County.

# **4-H Development Fund**

Did you know? Tax deductible contributions can be made to the 4-H Development Fund (c/o PO Box 538, Winfield KS 67156) or to the Friends of Cowley County Extension Endowment (c/o Legacy Regional Community Foundation, 1216 Main Street, Winfield KS 67156)

# **Legal Stuff**

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means of communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact Sarah LaGrone two weeks prior to the start of the event at 620-221-5450. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information, will be provided free of charge to limited English proficient individuals upon request. Kansas State University Agricultural Experiment Station and Cooperative Extension Service K-State Research and Extension is an equal opportunity provider and employer.